



## SAR Fall Race Calendar

You can sign up for any of the races listed below by going to [www.azroadrunners.org](http://www.azroadrunners.org).

- Sep 03 - 49th Saguaro National Park Labor Day 8-Miler\* and 5k Walk/Run
- Sep 16 - TMC Tucson 10k (10k, 5k, and children's dash)
- Sep 22 - Sabino Canyon FitKidz 1-Mile Classic
- Oct 14 - Jim Click's Run n' Roll 8k\* and 3k
- Oct 21 - The Great Pumpkin Race at Buckelew Farms
- Oct 28 - TMC Get Moving Tucson Half-Marathon\*, 5k, and FitKidz Mile
- Nov 22 - Thanksgiving Cross Country Classic 5k\* and 1.5-Mile Fun Run
- Dec 02 - TMC Best Effort 5k (5k and 1-Mile Run)

\*Part of the Grand Prix Race Series



The FitKidz program has been a roaring success this year! We had a total of about 600 finishers in five FitKidz races last spring. In addition, 75 kids participating in the spring FitKidz Club, where they trained with coaches once a week for 5 weeks, leading up to a one-mile race. We'll see all you fit families at the end of September for our favorite race of all: The Sabino Canyon FitKidz Classic!



## Board of Directors 2018-2019

Last month at the SAR Annual Board Meeting, we elected the next Board of Directors. The following people are honored and excited to be serving you and the greater Southern Arizona running community for the next year:

Diane Manzini - Co-Acting President/Vice President

Amye Chaparro - Vice President

Dave Dixon - Treasurer

Steve Felde - Membership Secretary

Doreen Davis - Materials Officer

Heather Hopkins - Recording Secretary

Sheryl Felde - Member at Large / Volunteer Coordinator

Greg Wenneborg - Member at Large

Don Branaman - Member at Large

Lucas Tyler - Office Manager (staff, Non-Board Member)

At the meeting, the board talked about our goals for the upcoming year, which include continuing to improve all the programs and events you love, offering more fun social activities, and generating greater involvement from the community.

Are you interested in learning about the board, taking a more active role in SAR events, or just seeing what goes on behind the scenes? If so, feel free to come to a board meeting or send us a note at [southernarizonaroadrunners@gmail.com](mailto:southernarizonaroadrunners@gmail.com). Our next meeting will be Monday, September 10th at 6:30 pm at Encompass Health (formerly Health South), on the Tucson Medical Center campus. Meetings are open to all members and we would love to see you there!



## SAR/Ben's Bells Mural Project Update

It's finally time to install the mural! Last spring, many of you helped make the tiles for the SAR kindness-themed Ben's Bells mural, which will be located on The Loop under the Cushing Street Bridge. Installation of the mural was delayed, but we have received the go-ahead from the city and the wait is finally over! The SAR mural installation will be Saturday, Sept. 8th, and Sunday, Sept. 9th. Come join us as we honor the good work of Ben's Bells and our community's love of running and walking. To help with the installation, please sign up at <https://www.volunteersignup.org/779WR>.

## Summer Racing



Tucson sent a large group of runners to the Jack and Jill Marathon and Half-Marathon in July. Standouts included **Tia Accetta** and **Lauren Reasoner**, who finished first and second in the marathon with times of 2:55:49 and 2:57:21, respectively. In her first marathon since having a stroke 3 years ago, Tia not only won, she set a new course record! Congratulations to all who participated!

Congratulations also to **Charlie Ware** on his 8th place finish at the Western States Endurance Run 100-Mile Race, with a time of 16:59:17! Western States is the pinnacle of ultra running: deep fields, top runners, and strict qualification standards make this race like the Boston Marathon for ultrarunners. An 8th place finish puts Charlie among the elite trail runners in the country.

In other running news, Tucsonan **Bernard Lagat** won the AJC Peachtree Road Race 10K in Atlanta. **Andy Trouard** from Salpointe Catholic High School and Northern Arizona University joined Oregon Track Club Elite. **Nico Montanez** from St. Augustine Catholic High School and Brigham Young University joined the Mammoth Track Club and was 4th at Grandma's Marathon with a time of 2:14:27.

## In Memoriam

The Southern Arizona Roadrunners sadly lost four members this year. All contributed to our running community and will be greatly missed. Run on, gentlemen. Run on.

Long-time SAR member, race director, timer, and lover of running, **Steve Bell** passed away this summer. Steve was a fixture of SAR running in the 1990s and 2000s, with his leadership and mentoring setting the stage for the continuing success of our organization. It was always a good day to see Steve at a race.

**William R. Chapdelain** valued his SAR family so much, he asked his son Michael to call SAR when his time came. Michael reported that his Dad found running later in life, but loved competing, especially in the Police Olympics (he was a retired federal agent). William's favorite race was the SAR Turkey Trot. He was 87 years old.

**Bill Cuculic**, an ultrarunning trailblazer, owner of a 35-year running streak, and all-around lover of running, died in June. Bill was an elite ultrarunner in the early days of the sport, traveling around the world to race against the best. But his favorite spots to run were right here in Southern Arizona, carrying a lone water bottle as he galloped over the trails. His name will live on through his records in the Tucson Trail Runners, his running streak, and his many running friends across the years.

**Benny Linkhart**, a local educator and ultradistance runner, started his athletic career as a football player at Oklahoma, but moved on to compete in local races and even the Boston Marathon. He won the 106-mile Buffalo Run in the mountains near Sierra Vista and Bisbee - at the age of 61! Benny was a mentor to distance running icon Pam Reed.