

The Running Shop/Mizuno SAR Grand Prix



Current Standings on June 2, 2024
Updated through TMC Meet Me Downtown 5K

----- Men Overall -----

- 1: 285 8 Jose Delgado
- 2: 223 6 Max Miller
- 3: 168 7 Angel Ochoa
- 4: 147 7 Robert Rezetko
- 5: 132 4 Raul Del bosque
- 6: 125 7 Daniel Kenneston
- 7: 108 5 Lucas Tyler
- 8: 103 6 Seth Davis
- 9: 94 4 David Sutherland
- 10: 91 5 Frank Blechschmidt

----- Men Masters -----

- 1: 320 8 Jose Delgado
- 2: 212 7 Robert Rezetko
- 3: 142 8 Bob Jones
- 4: 135 5 Lucas Tyler
- 5: 134 5 Dave Dixon
- 6: 122 5 Craig Mills
- 7: 120 6 Nigel Gruff
- 8: 110 5 Joel Stamp
- 9: 79 6 Abbott Abbott
- 10: 76 8 Alec Briones

----- Men 01-19 -----

- 1: 234 6 . Seth Davis
- 2: 167 5 . Logan Hubble
- 3: 66 3 . Daniel jr Combs
- 4: 65 2 . Weston Raymond
- 5: 58 2 . Quinn Dehnert
- 6: 56 2 . Emerson Kose
- 7: 40 1 . Ezra Green
- 8: 34 1 . Luke Senner
- 9: 29 1 . Ryan Deloria
- 10: 20 1 . Hayden Talattof

----- Men 20-24 -----

- 1: 120 3 . Taylor Justice
- 2: 80 2 . Nick Vaka
- 3: 40 1 . Tristan Mercier
- 4: 34 1 . Jose Suarez
- 5: 34 1 . Luke Mccright-walsh

----- Men 25-29 -----

- 1: 217 6 . Sotero Guzman
- 2: 80 2 . Mason Nienaber
- 3: 40 1 . Nick Feyen
- 4: 40 1 . John Thorndal
- 5: 34 1 . Pedro Alcaraz

----- Men 30-34 -----

- 1: 245 7 . Daniel Kenneston
- 2: 240 6 2. Max Miller
- 3: 146 5 . Mitchell Catling
- 4: 146 6 . Ethan Wood
- 5: 145 6 . Vincent Colaianni
- 6: 96 4 . Robert Ebler
- 7: 85 4 . Timothy Gilbert
- 8: 40 2 . Tyler Reade
- 9: 34 1 . Cary Kelly
- 10: 34 1 . Chas Hodgdon

----- Men 35-39 -----

1: 245 7 3. Angel Ochoa
2: 160 4 5. Raul Del bosque
3: 149 7 . Aaron Steele
4: 148 4 . David Sutherland
5: 146 5 . Frank Blechschmidt
6: 120 5 . Garrett Raymond
7: 81 4 . Daniel Combs
8: 74 3 . Joe Lopez
9: 67 3 . Richard Fifer
10: 59 2 . Frank Giacalone

----- Men 40-44 -----

1: 320 8 1.1 Jose Delgado
2: 165 5 . Lucas Tyler
3: 155 5 . Craig Mills
4: 140 6 . John Preslik
5: 135 7 . Andy Thomas
6: 119 5 . Jesus Perez
7: 110 4 . Randall Port
8: 101 5 . Howard Zhao
9: 63 3 . Michael Orr
10: 45 2 . Andrew Flagg

----- Men 45-49 -----

1: 143 4 . Adam Kujat
2: 124 4 . Aaron Wright
3: 114 3 . Curtis Cornelius
4: 80 2 . Orlando Velazquez
5: 71 3 . Bryan Sargus
6: 54 2 . Jacob Lauderdale
7: 50 2 . Daniel Cormode
8: 49 2 . Ander Monson
9: 40 1 . Brian Grasky
10: 34 1 . Timothy O'brien

----- Men 50-54 -----

1: 211 6 . Nigel Gruff
2: 194 5 . Dave Dixon
3: 119 4 . Guy McArthur
4: 117 4 . Don Cox
5: 106 4 . Alexander Rodriguez
6: 80 2 . Rogelio Hernandez
7: 49 2 . Jonathan Isabelle
8: 25 1 . Pedro Avila
9: 25 1 . Andrew Greenhill
10: 19 1 . John Stone

----- Men 55-59 -----

1: 280 7 4.2 Robert Rezetko
2: 189 6 . Paul Valentin
3: 160 8 . Rob Cook
4: 152 6 . Richard Brennan
5: 120 5 . Jeffrey Sumner
6: 102 3 . Joel Kinnunen
7: 100 5 . Robert Sparks
8: 79 4 . Steve Sheldon
9: 75 3 . Peter Smith
10: 68 2 . Jim Irish

----- Men 60-64 -----

1: 290 8 .3 Bob Jones
2: 200 5 . Joel Stamp
3: 179 6 . Abbott Abbott
4: 174 8 . Sean Doyle
5: 156 8 . Joe Faulk
6: 101 4 . Joe Smith
7: 54 2 . Doug Holland
8: 47 2 . Wayne Satten
9: 47 2 . Peter Ruggles
10: 39 2 . Robert Pulver

----- Men 65-69 -----

1: 188 5 . David Odom
2: 139 5 . Robert Howard
3: 102 4 . Bob Arendt
4: 68 2 . David Alster
5: 63 2 . Luis Figueroa
6: 40 1 . John Mclean
7: 40 1 . Emmanuel Katsanis
8: 40 1 . Michael Carr
9: 40 1 . Greg Hourt
10: 40 1 . Douglas Newell

----- Men 70-74 -----

1: 320 8 . Alec Briones
2: 217 8 . Ed Berkeley
3: 199 6 . Joseph Ciaramitaro
4: 47 2 . James Belitsos
5: 34 1 . Celestino Fernandez
6: 34 1 . Charlie Tarjan
7: 29 1 . Joseph Diehl
8: 29 1 . John Ward
9: 25 1 . James Callery
10: 25 1 . Wayne Lubis

----- Men 75-79 -----

1: 280 7 . Lewis Parkhill
2: 200 6 . John Wise
3: 68 2 . Denny Wuchler
4: 58 2 . Denzel Fisher
5: 34 1 . Gary Brauchla

----- Men 80-99 -----

1: 228 6 . Gary Giese
2: 165 5 . Don Branaman
3: 160 4 . Paul Robillia

----- Women Overall -----

1: 154 4 Jori Galles
2: 154 6 Janet Holland
3: 148 4 Marikate Murphy
4: 142 5 Billie Lubis
5: 126 7 Elle Steiner
6: 118 8 Kirstin Berson
7: 115 6 Julie Pangburn
8: 109 3 Whitney Penny
9: 92 6 Billie Meuschke
10: 91 7 Kathryn Verna

----- Women Masters -----

1: 218 6 Janet Holland
2: 172 6 Julie Pangburn
3: 169 7 Elle Steiner
4: 160 8 Kirstin Berson
5: 136 4 Emily Kose
6: 129 6 Billie Meuschke
7: 127 7 Kathryn Verna
8: 123 4 Marjanne Magana
9: 113 7 Anita Mcguire
10: 110 7 Sharon Gerl

----- Women 01-19 -----

1: 183 5 . Nadia Combs
2: 110 4 . Brianna Streicher
3: 80 2 . Addison Kose
4: 74 3 . Summer Streicher
5: 34 1 . Mia Sponseller
6: 34 1 . Athena Zhao
7: 34 1 . Ava Raymond
8: 25 1 . Sebastian Nieto

----- Women 20-24 -----

1: 99 3 . Vivianna Metzler
2: 74 2 . Katie Smith
3: 40 1 . Leah Mensch
4: 29 1 . Prarthana Magon

----- Women 25-29 -----

1: 160 4 1. Jori Galles
2: 148 4 3. Marikate Murphy
3: 142 5 . Colleen Feaman
4: 117 4 . Stephanie Brennan
5: 96 3 . Reilly Schnell
6: 29 1 . Lily Pratico
7: 25 1 . Genesis Barron
8: 22 1 . Idaly Lopez

----- Women 30-34 -----

1: 203 6 . Anna Martin
2: 200 5 4. Billie Lubis
3: 187 6 . Katie Matthiesen
4: 178 8 . Ashley Levy
5: 137 5 . Karla Baker
6: 95 4 . Nadia Toledo
7: 40 2 . Lydia Tillmaand
8: 34 1 . Talene Lewton
9: 34 1 . Sandra Crusa
10: 29 1 . Janine Reade

----- Women 35-39 -----

1: 130 5 . Marisa Raymond
2: 122 4 . Bethany Evans
3: 120 3 . Whitney Penny
4: 114 3 . Claire Hans
5: 110 4 . Shaelyn Delgado
6: 86 3 . Holly Kirchberger
7: 69 2 . Krista Germeroth
8: 63 2 . Rachel Flowers
9: 60 3 . Mayte Rosales
10: 59 2 . Kristin Fitzharris

----- Women 40-44 -----

1: 211 6 . Gayl Zhao
2: 186 6 . Brooke Streicher
3: 172 6 . Melanie Koskey
4: 160 4 . Emily Kose
5: 88 3 . Clarisa Nido
6: 51 2 . Glenna Walker
7: 44 2 . Erin Thompson
8: 40 1 . Layra Reza
9: 34 1 . Laura Deloria
10: 29 1 . Kelly anne Berger

----- Women 45-49 -----

1: 251 7 . Anita Mcguire
2: 160 4 . Marjanne Magana
3: 126 5 . Michelle Nolen
4: 88 3 . Donna Gracia
5: 74 3 . Elizabeth Hurt
6: 53 2 . Elizabeth Leadon
7: 49 2 . Jolene Schafer
8: 43 2 . Melanie Romo
9: 40 1 . Tia Accetta
10: 40 2 . Shirley Mercier

----- Women 50-54 -----

1: 262 7 5.3 Elle Steiner
2: 249 8 . Kirstin Berson
3: 185 6 . Billie Meuschke
4: 173 7 . Cindy Feaman
5: 84 4 . Lupita Hernandez
6: 80 2 . Luz Pelayo-katsanis
7: 62 3 . Amy Pugliese
8: 54 3 . Carla Catton
9: 40 1 . Jenni Kuker
10: 36 2 . Cristina Schuster

----- Women 55-59 -----

1: 228 6 .2 Julie Pangburn
2: 220 7 . Stephanie Kinnunen
3: 140 6 . Michele Walsh
4: 129 5 . Nile Garn
5: 103 3 . Andra Cole
6: 80 2 . Sharon Silvas
7: 62 3 . Lisa Kiser
8: 59 3 . Donna Mcmordie
9: 56 3 . Traycee Valentin
10: 47 2 . Kirsten Williams

----- Women 60-64 -----

1: 240 6 2.1 Janet Holland
2: 234 7 . Kathryn Verna
3: 167 6 . Debbie Jensen
4: 130 6 . Sheryl Felde
5: 128 5 . Caren Jablonsky
6: 117 4 . Joan D'alonzo
7: 112 5 . Debby Jones
8: 111 5 . Dale Flannery
9: 44 2 . Rachel Hilgeford
10: 41 2 . Kirsten Engel

----- Women 65-69 -----

1: 188 5 . Maureen Cunningham
2: 128 4 . Kathy Barlow
3: 120 3 . Peggy Janik
4: 97 3 . Nancy Nardella
5: 83 3 . Eileen Loughrey
6: 70 3 . Elizabeth Lubis
7: 47 2 . Annemarie Medina
8: 40 1 . Pamela Hoyt
9: 34 1 . Monica Durazo
10: 34 1 . Carmen Hull

----- Women 70-74 -----

1: 274 7 . Adele Youmans
2: 233 7 . Junie Hostetler
3: 186 8 . Connie Lopez
4: 155 6 . Nancy Fuller
5: 121 4 . Joanie Rogucki
6: 59 3 . Jane Sage
7: 54 2 . Eve Shapiro
8: 40 1 . Merry Dearmon
9: 40 1 . Kathi Hanley
10: 29 1 . Kris Hansen

----- Women 75-79 -----

1: 280 7 . Sharon Gerl
2: 142 5 . Midge Ochart
3: 142 4 . Janet Wooddancer-fisher
4: 92 3 . Loretta Gascoigne
5: 22 1 . Anna Clary

----- Women 80-99 -----

1: 200 5 . Sue Smith
2: 136 4 . Shirley Hester
3: 40 1 . Judie Shyman